

# Parents' Place News

Volume XII Issue 9

Summer 2011

Parents' Place  
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Tues -Weds-Thurs 9:00 am to 3:00pm  
Closed 12 noon to 1:00 pm for lunch

## STAFF DIRECTORY

Director

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Social Worker

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## A Successful Formula

What do you get when Head Start and Parents Place work together? Successful families! For the last two years the National Head Start Father of the Year has been an active parent with our local Head Start program and a member of the Dads Group here at Parents' Place.

The good news is Head Start is so successful they have no problem finding families who want to enroll their children in Head Start programs. The bad news is Head Start is so successful they have a long list of families waiting for an opening in their programs.

Head Start and Parents Place, with the help of the United Way, are working together this summer to give the parents on the waiting list a parent enrichment activity. We will teach Battles, Hassles, Tantrums, and Tears at Head Start. We look forward to this opportunity to partner and support local families.

## 5<sup>th</sup> Year for READY! for Kindergarten

Parents Place will again partner with ESD 112 and Kelso School District to provide READY! for Kindergarten classes for the 2011-2012 school year thanks to a 5<sup>th</sup> year extension to the original four year federal Safe Schools/Healthy Students Grant. Classes for all age levels will again be offered for children who will be entering kindergarten in 2012-2016, with Beacon Hill Elementary School hosting the 2,3,4 year old classes and Parents Place hosting the infant and 1 year old classes. Registration for classes will begin in August with fall sessions scheduled for October. Please call Parents Place @ 414-9212 to register for the program or for more information.

READY! is an innovative early learning program which offers parents three, 90 minute sessions a year. Each session provides age-specific instruction and tools/toys/books for parents to use to prepare their child to meet the kindergarten readiness targets on the first day of kindergarten. The program encourages parents to "play with a purpose for 5 minutes" each day with the tools provided and to read to them for 20 minutes each day. READY! is based on current early learning research and has been highly successful in communities across Washington and the US.

This could be the final year for READY! as no further funding from the federal grant is available. Parents Place, along with the Early Learning Coalition and other community members, are actively looking for funding that would continue this tremendous program.



Enjoying story time with Edith in Woodland at Union Familiar.

## Tylenol Infant Drops Will No Longer Be Available

By Sue Abell, M.D

The producer of Tylenol Infant Drops will soon stop its production. Why? Some of you still may not be aware that the infant drops are much more highly concentrated than the children's suspension. The goal was to deliver a small baby's dose in a smaller volume. However, there is a real danger of overdose when two different concentrations of the same medicine are available. When the changeover is complete, you will be able to buy only the more dilute Children's Tylenol Suspension, and all dosages will be based on your child's weight. The makers of generic acetaminophen are expected to follow suit.

Why does it matter? After all, we've all been brought up to believe that Tylenol is about the safest medication around. The truth is, it is a very safe medication, when used for people with healthy livers and **at the correct dose**. Tylenol overdose, however, can cause liver failure requiring a liver transplant, or it can cause death. It is the most common cause of acute (rapidly developing) liver failure in the United States.

Having a less concentrated form of Tylenol for all children will help protect them from overdose. It is very important, however, for parents to continue to be active guardians of their children's safety. The Food and Drug Administration reminds all of us to be sure to do these things when we give medicine to children:

1. Read and follow the Drug Facts label on Over the Counter medicines.
2. Know the active ingredient in the medicine (Tylenol=acetaminophen, watch for it in combination meds and be sure you aren't giving those plus additional acetaminophen)
3. Use the dosing tool that comes with the medicine.
4. Know the difference between a tablespoon and a teaspoon.

5. Know your child's weight (keep a record of it after every doctor's appointment--consider writing it on the calendar where it can be easily found the next time you are reaching for medicines)

6. Give the right medicine, in the right amount.

7. Check the medicine three times (many bottles look similar, especially in the middle of the night. Turn on the light and triple check!)

8. Ask your doctor, pharmacist or nurse which medicines can or can't be used at the same time.

9. Always use child-resistant caps on medicines.

10. Store all medicines in a safe place.

I would add one more: if your child is sick, start a written record of meds with the first dose, and keep it with the medicines you are administering. Pass the record along wherever the bottle goes: to dad, to grandma or to the daycare, and insist that anyone giving a dose of anything write it down.

Remember, you must read labels. Ibuprofen is not the same thing as acetaminophen. The fact that you may see ibuprofen in dropper form and will no longer see Tylenol Infant Drops may seem to imply that you should buy ibuprofen for your young babies. But you must not give Children's Motrin, Children's Advil or generic ibuprofen to babies under six month of age.

### **Parents' Place Board of Directors**

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*Our mission is to promote a community commitment to healthy parenting and to strengthen and enhance families to ensure the well-being of children.*

## PARENTS' PLACE CALENDAR

**PARENT GROUPS:** (No child care provided; parents and children bonding together)

**Toddler Tuesdays:** 10-11:30AM-- Parents with children 2-4 year old—parent group located at **Parents Place** 928 23<sup>rd</sup> Ave, LV

**Baby Beginnings:** Thursday from 11AM-12PM--Focuses on the needs of new and/or expectant parents-- **Parents Place**

**Welcome Home Baby**--a 4 week class filled with information about your amazing newborn—**available upon request**

**Union Familiar:** Wednesday from 11-2pm—A Hispanic parent group located at **133 S. Pekin RD—Woodland, WA**

**DADS GROUP:** Second and fourth Wednesday from 6:30-7:30 at **Parent Place**

**Learn & Grow:** A skills class for teen parents at Kelso High School

**Families 4 Families:** Support group for families with special needs children. Located at LifeWorks--906

**Classes:** New York St. Longview, WA. Childcare and light meal provided. Fourth Thursday of each month @5:30pm

**Love & Logic**--5 wks--An approach to raising children that provides loving support from parents while at the same time expecting kids to be respectful

**1234 Parents:** Teaches the importance of bonding and consistency between parent & child.

**Children in the Middle:** For divorced and divorcing parents. It is held twice a month: Tuesday and Saturday

### JUNE 2011

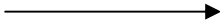
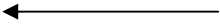
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <b>Union Familiar 11-2</b> PLAY TIME Love & Logic 1 of 5 (6:30pm)	2 <b>Baby Beginnings 11-12</b> PLAY TIME	3	4
6	9 <b>Toddler Tuesday 10-11:30</b> NATURE WALK	8 <b>Union Familiar 11-2</b> NATURE WALK <b>DADS GROUP</b> Love & Logic 2 of 5 (6:30pm)	9 <b>Baby Beginnings 11-12</b> NATURE WALK 1234 Parents 1 of 4 (6:30pm)	10	11
13 Learn & Grow	14 <b>Toddler Tuesday 10-11:30</b> FATHER'S DAY  Children in the Middle(6pm)	15 <b>Union Familiar 11-2</b> FATHER'S DAY  Love & Logic 3 of 5 (6:30pm)	16 <b>Baby Beginnings 11-12</b> FATHER'S DAY  1234 Parents 2 of 4 (6:30pm)	17	18
20	21 <b>Toddler Tuesday 10-11:30</b> INEXPENSIVE SUMMER ACTIVITIES	22 <b>Union Familiar 11-2</b> INEXPENSIVE SUMMER ACTIVITIES <b>DADS GROUP</b> Love & Logic 4 of 5 (6:30pm)	23 <b>Baby Beginnings 11-12</b> INEXPENSIVE SUMMER ACTIVITIES Families 4 Families (5:30pm) 1234 Parents 3 of 4 (6:30pm)	24	25 Children in the Middle (9am)
27	28 <b>Toddler Tuesday 10-11:30</b> 4TH OF JULY ACTIVITIES	29 <b>Union Familiar 11-2</b> 4TH OF JULY ACTIVITIES  Love & Logic 5 of 5 (6:30pm)	30 <b>Baby Beginnings 11-12</b> 4TH OF JULY ACTIVITIES  1234 Parents 4 of 4 (6:30pm)		30

### JULY 2011

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5 <b>Toddler Tuesday 10-11:30</b> READ ABOUT OCEAN	6 <b>Union Familiar 1:30-3:30</b> WOODLAND LIBRARY FUN	7 <b>Baby Beginnings 11-12</b> READ ABOUT OCEAN	8	9
11	12 <b>Toddler Tuesday 10-11:30</b> OCEAN CRAFTS  Children in the Middle(6pm)	13 <b>Union Familiar 1:30-3:30</b> WOODLAND LIBRARY FUN <b>DADS GROUP</b> Love & Logic 1 of 5 (6:30pm)	14 <b>Baby Beginnings 11-12</b> OCEAN CRAFTS	15	16
18	19 <b>Toddler Tuesday 10-11:30</b> BEACH GLOBE	20 <b>Union Familiar 1:30-3:30</b> WOODLAND LIBRARY FUN  Love & Logic 2 of 5 (6:30pm)	21 <b>Baby Beginnings 11-12</b> BEACH GLOBE	22	23
25	26 <b>Toddler Tuesday 10-11:30</b> LITTLE MERMAIDS	27 <b>Union Familiar 1:30-3:30</b> WOODLAND LIBRARY FUN <b>DADS GROUP</b> Love & Logic 3 of 5 (6:30pm)	28 <b>Baby Beginnings 11-12</b> LITTLE MERMAIDS	29	30 Children in the Middle (9am)

**AUGUST 2011**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b><u>Toddler Tuesday</u></b> 10-11:30 READ ABOUT PIRATES	3 <b><u>Union Familiar</u></b> 11-2 WOODLAND LIBRARY FUN  Love & Logic 4 of 5 (6:30pm)	4 <b><u>Baby Beginnings</u></b> 11-12 READ ABOUT PIRATES  1234 Parents 3 of 4 (6:30pm)	5	6
8	9 <b><u>Toddler Tuesday</u></b> 10-11:30 TALK LIKE A PIRATE  Children in the Middle(6pm)	10 <b><u>Union Familiar</u></b> 11-2 WOODLAND LIBRARY FUN <b><u>DADS GROUP</u></b>  Love & Logic 5 of 5 (6:30pm)	11 <b><u>Baby Beginnings</u></b> 11-12 TALK LIKE A PIRATE  1234 Parents 4 of 4 (6:30pm)	12	13
15	16 <b><u>Toddler Tuesday</u></b> 10-11:30 BUILD A TREASURE BOX	17 <b><u>Union Familiar</u></b> 11-2 SCHOOL SUPPLY SALE	18 <b><u>Baby Beginnings</u></b> 11-12 BUILD A TREASURE BOX	19	20
22	23 <b><u>Toddler Tuesday</u></b> 10-11:30 PIRATE CELEBRATION	24 <b><u>Union Familiar</u></b> 11-2 SCHOOL SUPPLY SALE <b><u>DADS GROUP</u></b>	25 <b><u>Baby Beginnings</u></b> 11-12 SCHOOL SUPPLY SALE	26	27 Children in the Middle(9am)
29	30	31 No Parent Groups			



**Parents' Place • Address: 928 23<sup>rd</sup> Avenue, Longview • Phone: 360-414-9212 • Fax: 360-575-8123**